

Sefton Family Hubs

Talbot Street Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

Healing 9-5 Together Targeted Group

9:15am - 11:30am
Parent Carer Forum Drop-in

9am - 3pm
Sefton Welfare Rights Appointment Only
Enquiries to welfare.rights@sefton.gov.uk

Healing 9-5 Together Targeted Group

9:30am - 11:30pm
Henry Programme Booking via Health Visitors

Healing 9-5 Together Targeted Group

10am -12pm
Sefton Parents/Carers Group Coffee Morning
Last Wednesday of the month, drop-in

10am -2pm
Careers Connect Drop-in (16-18)

Healing 9-5 Together Targeted Group

10am - 12pm
Little Chefs Targeted Group

Healing 9-5 Together Targeted Group

9:30am - 11:30am
Baby Clinic
By appointment only via Health Visitors @ Canning Road Methodist Church, PR9 7SS

9:30am - 11:30am
Sefton Breastfeeding Support Group @ Canning Road Methodist Church, PR9 7SS

Afternoon

Volunteer Programme

1pm - 5pm Family Law Advice Appointment Only

12:30pm - 5pm Sefton Parent Carer 1-1 Drop-in

1pm - 3pm Baby Clinic
By appointment only via Health Visitors

Virtual Offer

1pm -2:30pm Little Explorers For ages 0-4 Drop-in

6pm - 8pm Caring Dads Targeted Group

1pm - 3pm DWP (Department of Working Pensions) Drop-in

1pm - 3pm DWP (Department of Working Pensions) Drop-in

Information, Advice, and Guidance

Breastfeeding Support

Parent Carer Panel

St. Andrews Place, Southport, PR8 1HR | 01704534975 | TalbotSt.FWC@sefton.gov.uk



Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 11:30am
Youth Connect 5
Targeted Group

10:30am - 11:30am
Baby Massage
Targeted Group
starting in June

9:15am - 10:15am
Tea and Toast
Drop-in

10am - 12pm
Riding the Rapids
Targeted Group

10am - 12pm
ACES

Phoenix Healing CIC
Freedom Programme
By appointment via
07368 686 730

12pm - 5pm
Midwives - Stop
Smoking in Pregnancy
Appointment Only

Parent Carer Panel
Online

9:15am - 10:15am
Tea and Toast
Drop-in

Virtual Offer

Information, Advice,
and Guidance

Breastfeeding
Support

Parent Carer Panel

Afternoon

12pm-2pm
SWACA for Men
1-1 Drop-in

1:30pm-2:30pm
Chatter Time
Referral only via
Health Visitor &
Speech and Language
professional

1pm - 3pm
Peep Programme
Booking required
June start

5:30pm - 7:30pm
Riding the Rapids
Targeted Group
Online

103 Linaker Street, Southport, PR8 5DQ | 0151 288 6765 | TalbotSt.FWC@sefton.gov.uk

Sefton Family Hubs

First Steps Family Hubs

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 10am &
10:15am - 11am
Toddler Rhyme Time at
Birkdale Hub Station
Master's House - call to
book

10:10am & 11:10am
Bloom Baby
Sessions run on 28/4, 12/5,
19/5
Call 07967813074 to book

9:30am - 10:15am
Jo Jingles
For 18m - 3yrs

10:45am - 11:30am
Jo Jingles
For 3m - 18m

29/4 - 20/5 - £24 (4wks)
3/6 - 15/7 - £42 (7wks)
Facilitated by partners
Booking Required

9:30am - 10:10am
Dancing Songbirds
For 18m-3yrs
Drop-in

10:30am - 11am
Baby Rhyme Time
For birth to crawling
Drop-in

9am - 11:30am
Positive Parenting
Course
Booking Required

Sessions run 13/6 - 4/7

Afternoon

1:30pm-2:30pm
Baby Yoga
For 6 - 12 month olds
Facilitated by partners
£10 Booking Required

Sessions run 28/4, 12/5,
19/5, 16/6, 7/7

1pm-3pm
Baby Weigh-in
Book with your Health
Visitor

1:30pm - 2:15pm
Bookworms!
For 18 months +
Booking Required

1:30pm - 2:30pm
Baby Massage
For 6wks - 6m
Facilitated by partners
£10 Booking Required

3-week course
9/5 - 23/5

4-week course
13/6 - 4/7

Farnborough Road Infant School | 01704 572 579 | c.horton.fs@schools.sefton.gov.uk

Sefton Family Hubs

First Steps Family Hubs

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

10am - 11am
Little Treasures
For birth to crawling
Drop-in

9:30am - 11:30am
Life's for Living Sefton
(Children)
Session runs on 25/6
Booking required

10am - 12pm
Life's for Living Sefton
(Adults)
Sessions run on 11/6 & 9/7
Booking required

10:30am - 11:30am
Little Chefs
For 2 - 5 year olds
Facilitated by partners
Booking Required

£12 for a 5-week course
25/4 - 23/5

£15 for a 6-week course
6/6 - 11/7

Afternoon

1pm - 2pm
Baby Weigh-in
Book with your Health
Visitor

1:30pm-2:30pm
Top Tots
For 18 months +
Drop-in

Saturday

10am - 12pm
Dad's Club

Sessions run on the
following dates:
3/5, 17/5, 31/5, 14/6,
28/6, 12/7

Kings Meadow Primary School | 01704 571606 | c.horton.fs@schools.sefton.gov.uk