

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Morning**

9am - 5pm  
Family Advice & Guidance  
Drop-in

Healing Together 1-1  
Targeted Group

9:30am - 11am  
Tea & Toast  
Drop-in

9am - 5pm  
Family Advice & Guidance  
Drop-in

9am - 5pm  
Venus  
Targeted Group

Healing Together 1-1  
Targeted Group

9:30am - 11am  
Youth Connect 5 Transition  
Targeted Group

9:30am - 12pm  
DWP Advice  
Targeted Group

10am - 12pm  
Incredible Years Course  
Targeted Group

10am - 12pm  
Riding the Rapids  
Targeted Group

9am - 5pm  
Family Advice &  
Guidance  
Drop-in

9am - 5pm  
Venus  
Targeted Group

Healing Together 1-1  
Targeted Group

9am - 5pm  
PCN ACE's  
Targeted Group

9am - 5pm  
Family Advice &  
Guidance  
Drop-in

9am - 5pm  
Venus  
Targeted Group

Healing Together 1-1  
Targeted Group

9am - 5pm  
CAHM's PCN  
Targeted Group

9:30am - 12pm  
Perinatal Group  
Targeted Group

10am - 12pm  
Households into Work  
Appointment Only

9am - 5pm  
Family Advice &  
Guidance  
Drop-in

9am - 5pm  
Venus  
Targeted Group

Healing Together 1-1  
Targeted Group

9am - 10am  
Tea & Toast  
Drop-in

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Monday

Tuesday

Wednesday

Thursday

Friday

Afternoon

1pm - 4pm  
Career Connect  
Targeted Group

1pm - 2:30pm  
Little Chefs

5pm - 8pm  
Parent Carer Forum  
Virtual Session

1:30pm - 2:30pm  
Baby Rhyme Time  
Drop-in

3pm - 5pm  
Art Attack  
Ages 8 - 11  
Targeted Group

5pm - 8pm  
CGL M Pact Programme  
Targeted Group

1pm - 2pm  
Baby Massage  
Targeted Group

1pm - 3pm  
Volunteer Programme  
Targeted Group

12:30pm - 2pm  
Perinatal Group  
Targeted Group

6pm - 8pm  
Caring Dads  
Targeted Group  
through Brighter  
Kinder Futures -  
brighterkinderfuture  
s@seton.gov.uk

1:30pm - 3pm  
Peep  
Targeted Group

Virtual Offer  
Information, Advice,  
and Guidance

Breastfeeding  
Support

Parent Carer Panel

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